**English lesson task 2**

1. **Try to think of 5 things that you are good at.**

* I am good at problem solving, which imply computer technic, where a problem might occur as PC wont boot and trying to figure out why it wont boot and how we can force it to boot.
* I am good at listening and got a fair amount of patience to either help people out, or listening to problems they might have where a solution seems far away, which I used a lot working both as a firefighter and Social- Nurse and healthcare assistant.
* I am good at relieve stress which again ties back strings to when I used to work as a Social- Nurse and healthcare assistant, where you can go through a lot of days with high levels of stress, where you need to learn how to relieve stress from time to time.
* I am good at keeping my head cool under dire situations and stand as the guy with the big overview while still doing what I am supposed to do.
* I am good at being positive and always trying to point out the positive things in situations where there’s a lot of negative things happening, joy and laughs can often make complicated situations into a less complicated situation just by looking on the positive site of things.

1. **Write down what you can do with each of these talents**

* Being good at problem solving is a positive thing to have in your toolkit, as you most of the times as an IT-technician run into problems that can’t be placed as a specific problem, but where troubleshooting is needed, therefore I feel like problem solving is a must for a decent IT-technician,
* Listening and patience can be used in a lot of different areas, as an IT-technician you use it a lot when trying to help people without IT knowledge fixing their problems. You need to listen to what the person is telling you and be patient when the person is taking longer than you would do, to find the information that you need to do your job.
* Stress relieve is something most of us need to learn during our lifetime, either if you have had a hard day at work, or there’s a lot you need to do at home, my self can use stress relieve after a hard day at school or work, to kick back, clear the mind and prepare for the next day so I always show up with a mindset that’s ready.
* Keeping your head cool under dire situations is not a common skill to have, most people will during to instinct either freeze, fight or fly. Which in other words mean, if something is happening, some people might freeze (stop up and not knowing what to do) fight (the state where you help and do what needs to be done) or fly (where panic kicks in and people either run or walk away from it to) keeping my head cool under dire situations date back to when I were a firefighter where we were learned to always keep a cool heal and look at the big overview.
* Being positive can be used in everyday life, something everyone should learn, I use it every day either if it is to brighten up my classmate’s day or if it is about learning. Positivity is in my opinion just a great way to go into life, and life would be so much easier if everyone were positive 😊

1. **What kind of job do you think would suit you and your talents?**

* With my specific talents/skill set I would say that either my talents would apply to being good as a EMT which were my goal to reach, but due to a bad knee it won’t happen, therefore I feel like my skill set can be used in a good way as a IT-technician since a lot of times you are talking with customers and trying to fix their problems, where it would come in handy to be good at problem solving, being patient and able to listen to customers needs and keeping head cool under stressed situations where a lot of things have to get done in a matter of time. Being positive is just always a great talent to have since it will make the customer experience a lot better.